



APRILS  
TOUCH

**SKIN CARE COLLECTION**

*Excellence in Science*



Model: Keira Daniels  
Former Patient FACIALTEAM

## INTRODUCING APRILS TOUCH SURGICAL SKIN CARE COLLECTION

Our skin care range combines the very latest advances in Biochemistry with the most active natural ingredients to create powerful products that deliver exceptional results.

A natural blend of highly concentrated ingredients has been designed to effectively penetrate the skin to deeply nourish, protect and improve cell function.

A bespoke collection of products specifically created to considerably reduce the potential of scarring and increase collagen stimulated cell renewal to rejuvenate the skin's appearance.

### **Why this skin care range is beneficial to your skin:**

This potent collection maximises skin health; ensuring your skin is in optimum condition prior to surgery, reducing scarring and promoting accelerated skin regeneration.

Using the Anti-Ageing Collection to stimulate collagen production will ensure you retain a glowing, radiant and more youthful appearance.

### **Recommended for:**

All skin types, especially individuals undertaking surgical procedures, or those wishing to improve texture, hydrate and rejuvenate their skins appearance. Commencement is recommended as soon as possible to ensure optimum skin condition.

No Palm oil / No Parabens / Hypoallergenic / Not tested on animals



## TREATMENT PLAN

### 1: PRE-OPERATIVE SURGICAL SKIN CARE COLLECTION

**Consisting of:** Fresh Cleanser / Fresh Toner / Special Care Cream / Skin Repair Oil (Travel Size)

#### Directions for use

Follow post-operative directions, however replace Skin Repair Gel with a few drops of Skin Repair Oil. Then apply Special Care Cream, this routine must be followed every morning and evening. Cease using the products 24 hours prior to surgery.



A donation  
will be made  
on your behalf



### 2: POST-OPERATIVE SURGICAL SKIN CARE COLLECTION

**Consisting of:** Fresh Cleanser / Fresh Toner / Special Care Cream / Soothing Balm / Scar Formula / Skin Repair Gel / Anti Swelling Mask / Skin Repair Oil / Fruit Acid Repair Complex / Vitamin A Cure / Vitamin A Complex

#### Directions for use

To be used directly after surgery. You can start immediately with the Fresh Cleanser, massage over face and rinse well with water. Follow by spraying the Fresh Toner directly onto the skin, blotting any excess. Then apply Skin Repair Gel. This routine must be followed every morning and evening.

### ONCE YOUR STITCHES HAVE BEEN REMOVED

**Every day:** Commence the scar therapy collection. Use the Soothing Balm in the morning and the Scar Formula in the evening; on and around the scar. Follow with the Special Care Cream, to be used every morning and evening.

**Two evenings a week:** Clean and tone the skin as above. Then apply Vitamin A Complex directly onto cleansed skin. Follow with Vitamin A Cure only. This must be done in the evening or the skin will be more sensitive to UV damage.

**Two days post removal of stitches:** You can commence using the herbal healing Anti-Swelling Mask. Mix the mask in your hands with the Skin Repair Gel. Use 2 to 3 times a week to assist skin healing.

**Note:** During the first week of treatment, use more Skin Repair Gel than Anti-Swelling Mask; over the forthcoming weeks increase the amount of Anti-Swelling Mask when combining with Skin Repair Gel. Anaesthetic dries the skin, therefore use the Skin Repair Oil over the entire body to rehydrate the skin. Softly massaged onto your face, body or the specific scar area and this precious oil will heal and soften the skin tissue.

### TWO MONTH'S POST SURGERY

Every evening commence using the exfoliation product Fruit Acid and cease using the Vitamin A products (Vitamin A Cure & Complex).

#### How long do I continue the Post-Operative Treatment Plan?

This treatment plan is for a minimum of 8 months. Whereby you cease using the Scar Formula product, you can continue the skin care regime indefinitely to ensure beautifully healthy skin.



### 3: SCAR BASIC SURGICAL SKIN CARE COLLECTION

**Consisting of:** Scar Formula / Vitamin A Cure / Soothing Balm

#### **Directions for use**

Apply the Soothing Balm each morning and the Scar Formula each evening. Apply 2 to 3 times weekly the Vitamin A Cure directly onto the scar, followed by the Soothing Balm.

If the skin reddens, use every other day until the skin becomes accustomed to the active products. These actives are also very effective on old scarring, lessening redness and improving the scar's appearance.

#### **How long do I continue the Scar Basic Treatment Plan?**

Apply the products until you are satisfied with the results.



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### 4: ANTI-AGEING SURGICAL SKIN CARE COLLECTION

**Consisting of:** Vitamin A Cure / Vitamin A Complex / Fruit Acid Complex

#### **Directions for use**

In order to stimulate the cell renewal process, use this process on alternate months.

Month One Cure - apply the Fruit Acid Complex to your face, neck and hands, every evening.

Month Two Cure – apply twice weekly at night the Vitamin A Cure followed by the Vitamin A Complex. Follow this with the Special Care Cream which is to be used morning and night every day for 2 to 4 months alternatively.

#### **How long do I continue the Anti-Ageing Treatment Plan?**

Use the Anti-Ageing Cure 2 to 3 times a year minimum for best results.





## PRODUCT INFORMATION

### SPECIAL CARE CREAM

**Description:** An exquisite scientifically advanced moisturising cream that repairs skin cells for improved hydration and superior free radical protection. Vitamin F helps to improve skins recovery whilst Shea Butter which contains Vitamin A, E & F is perfect for Eczema and irritated skin. Powerful active combinations deeply penetrate the skin; strengthening the cells immunity using Beta Glucan, improving hydration, suppleness, firmness and elasticity. With a smooth, luminous finish this luxurious cream is infused with rich nutrients to deeply repair and replenish for healthier, hydrated and more radiant skin. This enriched moisturising cream is revitalising and replenishing; highly recommended during hormone replacement therapy, to help balance the skin's functions.

**Ingredients:** Aloe Vera Gel, Avocado Oil (Vitamin F), Cetyl Alcohol, Shea Butter, Glyceryl Stearate, Decyl Oleate, Dimethicone, Sorbitan Laurete, Sodium PCA, Ginseng Extract, Vitamin E, Lecithin, Potassium Sorbate, Essential Oil, Beta-Glucan.

**Directions for use:**

Apply a small amount of this extra nourishing cream evenly onto the skin, use morning and evening.



## FRESH TONER

**Description:** This exfoliating and stimulating toner helps to tighten pores, purify, refresh and balance the skin, revealing a naturally brighter complexion. Water soluble AHA's (Alpha Hydroxy Acids) help to remove dead skin, stimulating skin renewal and preparing the skin perfectly to achieve maximum absorption and benefit, from subsequent products. Additionally use the Fresh Toner as a coolant and refreshing spray that can be used on the face at any time to calm and refresh the skin, recommended especially after surgery as the Menthol ingredient provides an instant cooling effect. This product is not recommended for individuals with Rosacea.

**Ingredients:** Aloe Vera, Glycerine, Panthenol, Sodium Lactate, Papaya Extract, Chamomile Extract, Menthol, Essential Oil.

### Directions for use:

After cleansing, spray onto the face and blot dry with a towel or tissue.



## FRESH CLEANSER

**Description:** The cleansing gel gently, yet effectively deep cleans pores and removes debris, excess oil and pollutants from the skin, without drying or causing irritation. This invigorating non-foaming gel, cleanses, purifies and conditions the skin, while preserving its natural moisture barrier. Skin is detoxified as stubborn, hard-to-remove makeup is lifted away, leaving clean skin and a refreshed complexion. Tailored to the needs of normal and combination skin.

**Ingredients:** Aloe Vera Gel, Glycerine, Propylene Glycol, Cocamidopropyl Betaine, Sodium Laureth Sulphate, Glycolic Acid, Carbomer 980, TEA, Allantoin, Chamomile Extract, Cucumber Extract.

### Directions for use:

Massage onto wet skin to dissolve makeup and impurities then rinse thoroughly with cool water.





## SCAR FORMULA

**Description:** This potent gel combines an innovative complex of Potassium Iodide with Liquorice Extract to effectively soften scar tissue, reducing hypertrophy or keloid scarring whilst maintaining the moisture balance and elasticity of the adjacent skin.



A non-silicone related product that creates a protective skin barrier. This effective formula contains Potassium Iodide and Liquorice Extract to reduce redness, stimulate collagen and soften scars. The formula must be left on the skin for 8 hours, providing immediate relief from the redness, associated itching and general discomfort of the scar.

**Ingredients:** Deionized Water, Potassium Iodide, DMSO, Xanthan Gum, Liquorice Extract, Potassium Sorbate.

**Directions for use:**  
Massage into the scar each evening.

## FRUIT ACID REPAIR COMPLEX

**Description:** This effective cream with an A Liposome-type delivery system, delivers deep targeted penetration of AHA's and Alpha & Beta Hydroxy Acids, for a superior skin rejuvenator. The powerful AHA's within this complex diminish Corneocytes (dead skin cells) promoting exfoliation, increasing cell renewal and the production of elastin and collagen for a more radiant, healthier, brighter complexion, whilst tightening pores and diminishing the appearance of fine lines and wrinkles.



A potent and effective AHA and BHA product, suitable for home use, highly recommended for additional usage on the neck and hands. Not recommend for clients with Rosacea.

**Ingredients:** Aloe Vera Gel, Glycolic Acid, Stearic Acid, Avocado Oil, Ginseng Extract, Sorbitan Laureate, Vitamin E Acetate, Ascorbyl Dipalmitine, Essential Oil.

**Directions for use:**  
Use nightly to rejuvenate skin and lessen scarring.

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## ANTI-SWELLING MASK

**Description:** A naturally healing mask, comprising of 5 powerful herbs designed to promote skin healing and effectively reduce swelling. This potent herbal combination including Witch Hazel and Zinc Oxide desensitise and refine the skin, tightening pores, giving an immediate natural radiance to the complexion. Mix with the Skin Repair Gel to promote skin healing and increase potency.

**Ingredients:** Kaolin, Zinc Oxide, Ginseng, Aloe Vera, Witch Hazel, Suma, Chamomile.

### Directions for use:

Use 2 to 3 times weekly, for the first 4 weeks after surgery. Mix the mask using the Skin Repair Gel, apply and leave on the skin for 15 minutes and remove with water. After 4 weeks the mask can be used once a week.

Zinc Oxide can temporarily make the skin appear red (flushed), this is normal and will subside quickly.



## SKIN REPAIR GEL

**Description:** An innovative and effective gel that softens, heals and cools the skin after trauma and promotes natural skin healing. In addition to its restorative properties this product is combined with the Anti-Swelling Mask to promote skin healing. A multi-functional healing product, consisting of 98% Aloe Vera; use directly on clean skin or to intensify the Anti-Swelling Mask effects.

**Ingredients:** Pure Aloe Vera Gel, Allantoin, Chamomile Extract, Cucumber Extract, Glycerine, Potassium Sorbate.

### Directions for use:

Massage as necessary onto the scar area to promote skin healing.





Recommended by  FACIALTEAM

## SKIN REPAIR OIL

**Description:** This divine oil, enriched with precious Jojoba and Avocado Oils, is rapidly absorbed and softens redness, providing superior moisture for dry, parched or mature skin. Aloe Vera and vitamins increase the skin's metabolism and provide essential nourishment for the skin. Excellent for use on the scalp after hair transplant procedures and on the body after surgery, Avocado Oil and Omega 3 hydrate the skin and help prevent itching as skin heals.

Suitable for both the face and body; massage directly into the skin to alleviate the symptoms of stomach bloating and tenderness of the breast. This potent oil also helps to relieve irritability during hormone replacement therapy.

**Ingredients:** Aloe Vera, Jojoba Oil, Avocado Oil, Evening Primrose Oil, GLA (Gamma Linolic Acid and A Omega 6), Vitamin E, Essential Oil.

### **Directions for use:**

Massage into the skin as needed.





## SOOTHING BALM

**Description:** This nourishing cream deeply nourishes and aides recovery, reducing sensitivity to provide superior skin healing benefits. Quickly reducing redness and repairing the skin. Vitamin E further nourishes the skin while also delivering free radical fighting antioxidants.

This restorative cream provides a protective seal over the skin whilst soothing and healing from within. Ideal for all scarring and uplifting procedures and highly recommended after surgery, pigmentation lasers and chemical peels. This soothing balm can also be used on chapped lips, Eczema and to soften cuticles.

### **Ingredients:**

Aloe Vera, Shea Butter, Suma, Vitamin E, Liquorice Extract.

### **Directions for use:**

Massage each morning on and around the scar or dry skin.



## VITAMIN A CURE

**Description:** This powerful Vitamin A serum formulation deeply penetrates the skin to effectively improve cell function and increase the production of collagen and Hyaluronic Acid, resulting in scar tissue and wrinkle reduction, smoother, firmer and more lustrous skin.

This potent and effective combination of active ingredients, works naturally to normalise irregular cells and combat free radicals to rejuvenate the skins appearance.

**Ingredients:** Avocado Oil, Propylene Glycol, Deionized Water, Polysorbate 60, Retinyl Palmitate, Tocopherol, Retinyl Acetate, Retinol, Essential Oil.

### **Directions for use:**

Use 2 to 3 evenings a week, prior to applying the Special Care Cream or Vitamin A Repair Complex. Not to be used during the day.

## VITAMIN A COMPLEX

**Description:** This superior and effective blend of natural acids, essential oils, restorative herbs and vitamin A esters and deviates, designed to deeply penetrate the skin, stimulating the production of collagen and cytokines to visibly improve the skins appearance and diminish the appearance of fine blood vessels and wrinkles. This powerful anti-ageing cream rejuvenates the skin, providing a soft, radiant, more youthful appearance in 4 to 6 weeks.

**Ingredients:** Deionized Water, Aloe Vera Gel, Propylene Glycol, Olive Oil, Decyloleate, Glyceryl Stearate, PEG100 Stearate, Cetyl Alcohol, Shea Butter, Ginseng Extract, Polysorbate 80, Xanthan Gum, Retinyl Palmitate, Retinyl Propionate, Retinol, Disodium EDTA, Biotin, Essential Oil.

### Directions for use:

This is a repair product, to be used in place of the special care cream, evenings only for 4 to 6 weeks, twice a year to rejuvenate and maintain healthy skin.



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*We celebrate You, You celebrate life!*

After years of working in the beauty industry helping transgirls to become the best version of themselves, we decided to launch Aprils Touch. A company that's completely dedicated to the transcommunity.

We have both creative minds and ideas flow constantly. We use our creativity to develop and design new techniques and methods.

Our first creation together is the special technique called MICROFEMINIZATION®

MICROFEMINIZATION® is a unique combination of cosmetic, medical and aesthetic refined pigmentation of the skin. We specifically developed it to feminize the features of the face and body.

Prior to discussions via research within our client base, it was drawn to our attention that no products currently existed on the market that satisfied our clients' needs. As a result we pooled our knowledge and expertise together with a reputable biochemist resulting in an exquisite skin care line that is dedicated to prepare and repair the skin before and



after surgery. Aprils Touch have developed a pre and post-operative skin care range that carries many beneficial effects such as moisturising , nourishing and leaving the skin replenished, in turn aiding the healing process gaining optimal results and minimising unsightly scar tissue.

Our products are unique because the natural highly concentrated ingredients have been specifically chosen for their healing abilities.

We offer you the opportunity to further enhance your feminine appearance while also helping to build your confidence in the way you look and feel. We would be pleased to discuss with you at any time which services would be of assistance to you. You celebrate life, we celebrate you!



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